

ANZAP DIPLOMA OF PSYCHOTHERAPY 2009-2011

Australia & New Zealand Association of Psychotherapy DISTANCE COURSES

Applications are invited from mental health practitioners for the ANZAP Diploma in Adult psychotherapy commencing in March 2009 in Hobart & Newcastle.

- **It is a three year part time distance course that aims to prepare candidates for the practice of intensive psychoanalytic psychotherapy.**
- **The course focuses on self-learning and consists of 1) a theoretical strand which comprises relevant contemporary lectures on DVD, complemented by papers on CD which peer groups will view and discuss, 2) a clinical strand involving peer supervision in groups, of audio/videtaped sessions which allow microanalysis of the therapeutic process 3) six weekend supervisions and a seminar by faculty supervisors over the year; and in second and third year individual weekly distance supervision of a second case (at extra cost to be borne by student), and 4) an annual weekend retreat and conference, both of which are partly subsidized.**
- **The Conversational Model an integrated psychoanalytic model based in a psychology of human relatedness is the predominant model. This model is well researched as treatment for personality disorders, with outcome studies published both in Australia and internationally. Developed by Russell Meares in collaboration with the late Robert Hobson, it incorporates developmental and trauma theory, linguistics, neurophysiology and infant research with contemporary psychoanalytic theory. Comparison with other models is undertaken.**
- **An experienced and psychoanalytically trained multidisciplinary faculty of psychiatrists, general practitioners, psychologists and social workers provide supervision, seminars and clinical support.**
- **Personal therapy is mandatory – part should be concurrent with the course.**
- **Acceptance into the course grants associate membership of ANZAP. Completion of the course grants full membership with its privileges. As the course is self funding, it will run only if there is a viable number of applicants.**

Applications close on 15th November 2008

Interviews will be held in the week commencing 1st December 2008

Application fee: \$325 and \$250 refundable if you are not called for interview

For further info and application forms please contact the Course Administrator -

Ms Lorraine Taylor Tel: (02) 8399 3787 Fax: (02) 9209 4323

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ANZAP has successfully run courses in Canberra, Melbourne, Townsville, Christchurch. A course is current in Hobart.

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