

DIPLOMA OF PSYCHOTHERAPY

2009- 2011

Australia & New Zealand Association of Psychotherapy

Applications are invited from mental health practitioners for the ANZAP Diploma in Adult Psychotherapy commencing in March 2009 in Sydney.

- It is a three-year part time course which aims to prepare candidates for the practice of Intensive Psychoanalytic Psychotherapy.
- The focus of the course is psychoanalytic theory and practice, the growth and development of practising therapists with 1) a theoretical strand of interactive seminars for which extensive reading material is provided on individual CD's 2) a clinical strand involving supervision-individually and in small peer groups, of audiotapes which allow a microanalysis of the therapeutic process 3) seminars on six Saturday mornings, an annual retreat, and the annual conference complement the course structure with a variety of clinical and theoretical presentations by experts in the field.
- Personal Therapy is mandatory – part of which should be concurrent with the course.
- The Conversational Model, an integrated model based in a psychology of human relatedness, is the predominant model taught. This model is well researched as treatment for Personality Disorders, with outcome studies published both in Australia and internationally. Developed by Russell Meares in collaboration with the late Robert Hobson, it incorporates trauma theory, linguistics, neurophysiology, memory, infant research and developmental theories with a Psychology of Self. Comparison with other psychoanalytic models is undertaken.
- An experienced and psychoanalytically trained multidisciplinary faculty, consisting of psychiatrists, general practitioners, psychologists and social workers provide supervision and seminars. Invited lecturers provide seminars from time to time.
- An orientation seminar over three hours will be presented in September 2008. All interested persons are invited free of cost. Details will be available nearer to the date.

Applications close on 15th November 2008

Interviews will be held in the week commencing 1st December 2008

Application fee: \$325 and \$250 refundable if you are not called for interview

For further info and application forms please contact the Course Administrator -

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ANZAP has run courses successfully in Melbourne, Canberra,
Townsville & New Zealand. A course is current in Hobart.